

Key #3 Connect with Infinite Wisdom:

Audio Class Outline

I. Connect with Infinite Wisdom

A. The Importance of Connecting with Infinite Wisdom

Connect with Infinite Wisdom Meter (Rate 1-10 scale)

Connection=

Trust/Follow=

B. Why We Are Disconnected from Infinite Wisdom



C. Blocks to Connecting with Infinite Wisdom

1.

2.

3.

D. Blocks to Trusting/Following Guidance from Infinite Wisdom

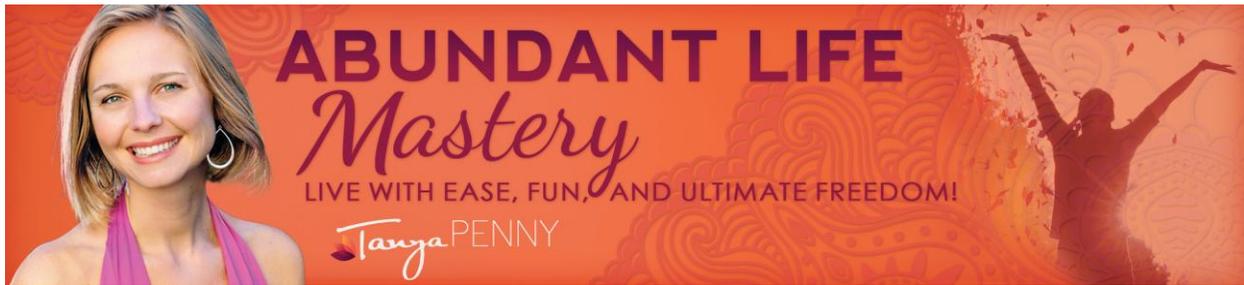
1.

2.

3.

4.

5.



II. Tools & Inspired Actions to Connect with Infinite Wisdom

1)

2)

3)

4)

5)

6)

7)

Remember:

- Progress Not Perfection. Compassion & Curiosity.
- Schedule time to do the writing/journaling in next 2 days
- Schedule alarms/on calendar to remind yourself to use tools.
- Download T.M.P. guided practices to mobile device and use daily.