

**Willow Rose LPC CHT ~ “SpiritWell”**

**[willowrose@spirit-well.com](mailto:willowrose@spirit-well.com)**

**541 461-5424**

**Update August 25th, 2021 and Continuing until Further Notice.**

**Due to the upsurge in COVID Infections, and in support for the health of all:  
As of August 25th, 2021, Psychotherapy Sessions are now offered only remotely  
(via Teletherapy or Phone).**

**COVID-19 HEALTH SCREENING and OFFICE PROTOCOLS**

**Following Guidance of the CDC and OHA, wearing a Mask or Face Shield Is no longer  
required in order to gain entry to the common areas of the Tamarack Building.**

**Masks and Face Shields are now optional in hallways and bathrooms.  
We do ask that you continue to practice safe social distancing in open areas.**

**Should these Guidelines Change,  
New Requirements will be posted on the Building Entry Door or  
Call/Contact Willow for Update.**

**Willow offers a number of Therapeutic Modalities.  
SOME are of most benefit when offered directly and “in  
person.”**

**“In Person Sessions” are scheduled in Willow’s Office and mutually agreed to in  
advance**

**IF WE CHOOSE TO SCHEDULE AN “IN PERSON” SESSION, PLEASE NOTE :**

**FULL MASKS OR FACE SHIELD ARE  
STILL  
REQUIRED TO ENTER WILLOW’S OFFICE.**

**PLEASE BRING YOUR OWN MASK...  
WILLOW WILL HAVE JUST A FEW AVAILABLE FOR YOUR USE.**

## **WILLOW'S OFFICE GUIDELINES**

-Willow will meet you in the “Spirit Well” waiting area located in main hallway, and will escort you to office; allow her to open and close the door. As you enter, please use hand sanitizer just inside office door.

*-To maintain physical distancing please sit on the couch.*

-Willow's appointment schedule may vary in order to provide time “in between” sessions for cleansing, clearing and dis-infecting the office and waiting area.

-Within the office, windows will be open. Fans that include air purifiers will be utilized during our time together and activated to higher speed in between sessions.

***Fully Vaccinated Folks, may still become infected by COVID.***

COVID can infect and be spread to others by people of ALL ages. . If you have been infected, you may still transmit the virus even if you do not have/show symptoms.

**The most “common” symptoms may include:**

*Cough - Chills - Fever - Sore Throat - Muscle pain*

*Shortness of breath/Difficulty breathing, Sneezing*

*New Loss of sense of taste or smell*

*Digestive Issues - Deep Fatigue - New headache*

**---If you have experienced any of the symptoms noted above, either day of our appointment or within the past 14 days we will cancel and reschedule your appointment. CALL OR EMAIL BEFORE COMING INTO THE OFFICE.**

**APPOINTMENT WILL ALSO BE RESCHEDULED IF, WITHIN THE PAST 14 DAYS YOU:**

**-have been in physical contact with someone known or presumed to have COVID**

**-have attended a LARGE social gathering or event where physical distancing was not maintained and/or masks were not worn,**

**-and/or traveled to a locale, out of state/country or that has a high rate of COVID infection.**

**Or...are currently awaiting the results of a COVID Test**

***Be Well!!!!***

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